

Drug Facts	
Active ingredient	Purpose
<i>(in each 15 mL</i>) Magnesium hydroxide 1200 mg	Saline laxative
Use relieves occasional constipation (irregularity). This product usually produces bowel movement in $\frac{1}{2}$ to 6 hours.	
<i>Warnings</i> Do not use if you have ever had an allergic reaction to this product or any of its ingredients	
 Ask a doctor before use if you have kidney disease a magnesium-restricted diet stomach pain, nausea, or vomiting a sudden change in bowel habits that lasts over 14 days 	
Ask a doctor or pharmacist before use if you are taking a prescription drug. This product may interact with certain prescription drugs.	
 Stop use and ask a doctor if you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition. you need to use a laxative for more than 1 week 	
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.	
 Directions do not exceed the maximum recommended daily dose in a 24 hour period shake well before use dose may be taken once a day preferably at bedtime, in divided doses, or as directed by a doctor. Drink a full glass (8 oz) of liquid with each dose. for accurate dosing, only use dosing cup provided mL = milliliter 	
adults and children	30 mL to 60 mL
12 years and older children 6 to 11 years	15 mL to 30 mL
children under 6 years	ask a doctor
 Other information each 15 mL contains: magnesium 500 mg, sodium 3 mg store at room temperature. Avoid excessive heat above 40°C (104°F). Avoid freezing. Close cap tightly after use. Inactive ingredients anhydrous citric acid, carboxymethylcellulose sodium, D&C red #28, flavor, glycerin, microcrystalline cellulose, purified water, sodium citrate, sodium 	
hypochlorite, sucrose, xanthan gum Questions or comments? 1-800-986-0369 (Mon – Fri 9AM – 5PM EST)	