

Drug Facts	
Active ingredient	Purpose
<i>(in each 15 mL</i> ) Magnesium hydroxide 1200 mg	Saline laxative
<b>Use</b> relieves occasional constipation (irregularity). This product usually produces bowel movement in $\frac{1}{2}$ to 6 hours.	
<i>Warnings</i> Do not use if you have ever had an allergic reaction to this product or any of its ingredients	
<ul> <li>Ask a doctor before use if you have</li> <li>kidney disease</li> <li>a magnesium-restricted diet</li> <li>stomach pain, nausea, or vomiting</li> <li>a sudden change in bowel habits that lasts over 14 days</li> </ul>	
<b>Ask a doctor or pharmacist before use if you are</b> taking a prescription drug. This product may interact with certain prescription drugs.	
<ul> <li>Stop use and ask a doctor if</li> <li>you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition.</li> <li>you need to use a laxative for more than 1 week</li> </ul>	
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.	
<ul> <li>Directions</li> <li>do not exceed the maximum recommended daily dose in a 24 hour period</li> <li>shake well before use</li> <li>dose may be taken once a day preferably at bedtime, in divided doses, or as directed by a doctor. Drink a full glass (8 oz) of liquid with each dose.</li> <li>for accurate dosing, only use dosing cup provided</li> <li>mL = milliliter</li> </ul>	
adults and children	30 mL to 60 mL
12 years and older children 6 to 11 years	15 mL to 30 mL
children under 6 years	ask a doctor
<ul> <li>Other information</li> <li>each 15 mL contains: magnesium 500 mg, sodium 3 mg</li> <li>store at room temperature. Avoid excessive heat above 40°C (104°F). Avoid freezing. Close cap tightly after use.</li> <li>Inactive ingredients anhydrous citric acid, carboxymethylcellulose sodium, D&amp;C red #28, flavor, glycerin, microcrystalline cellulose, purified water, sodium citrate, sodium</li> </ul>	
hypochlorite, sucrose, xanthan gum <b>Questions or comments?</b> 1-800-986-0369 (Mon – Fri 9AM – 5PM EST)	