

Phillips' Laxative Caplets

Directions: Laxative for occasional constipation. For adults and children 12 years and older. Take 2 to 4 caplets daily, preferably all at bedtime, or individually throughout the day. Caplet(s) should be taken with a full glass (8 oz) of liquid. Do not exceed the recommended daily amount. Children under 12, ask a doctor before use.

Supplement Facts Serving Size: 1 Caplet		
	Amount Per Serving	% Daily Value
Magnesium	500 mg	119%

Ingredients: Magnesium Oxide, Microcrystalline Cellulose, Croscarmellose Sodium, Pregelatinized Starch; Less than 2% of: Polyethylene Glycol, Polyvinyl Alcohol, Silicon Dioxide, Stearic Acid, Talc, Titanium Dioxide (color).

WARNINGS: KEEP OUT OF REACH OF CHILDREN. In case of overdose, get medical help or contact a poison control center right away. If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use. Ask a doctor before use if you have kidney disease, a magnesium-restricted diet, stomach pain, nausea or vomiting, or a sudden change in bowel habits that lasts over 14 days. Ask your doctor or pharmacist before use if you are taking a prescription drug. This product may interact with certain prescription drugs. Stop use and talk to your doctor if you need to use a laxative for more than one week, or have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition.

Contact Information -

Questions or comments? Please call 1-800-986-0369 (Mon – Fri 9AM – 5PM EST)