

## ONE A DAY Women's Prenatal Gummies with DHA

Directions: Adults: Fully chew two gummies daily.

## **Supplement Facts**

Serving Size: Two gummies

Servings Per Container: (Net Qty Contents/ Serving Size [# gummies])

	Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Calories	15	
Total Carbohydrate	3 g	1%*
Total Sugars	2 g	**
Includes 2g Added Sugars		4%*
Vitamin A	650 mcg	50%
Vitamin C	60 mg	50%
Vitamin D	30 mcg (1200 IU)	200%
Vitamin E	12.7 mg	67%
Niacin	18 mg	100%
Vitamin B <sub>6</sub>	2 mg	100%
Folate	1330 mcg DFE	222%
	(800 mcg folic acid)	
Vitamin B <sub>12</sub>	2.8 mcg	100%
Biotin	35 mcg	100%
Pantothenic Acid	7 mg	100%
Iron	0 mg	0%
lodine	150 mcg	52%
Zinc	2.6 mg	20%
Sodium	10 mg	< 1%
Omega-3 DHA (docosahexaenoic acid)	50 mg	**

\*Percent Daily Values are based on a 2,000 calorie diet. \*\*Daily Value not established.

**Ingredients:** Glucose Syrup, Sugar, Gelatin, Water, Algal Oil, Ascorbic Acid; Less than 2% of: Beeswax, Biotin, Carnauba Wax, Cholecalciferol, Citric Acid, Colors (Carrot, Cherry, and Pumpkin Juice Concentrates), Cyanocobalamin, D-Calcium Pantothenate, dl-Alpha Tocopheryl Acetate, Folic Acid, Monk Fruit (Luo Han Guo) Extract, Natural Flavor, Niacinamide, Pectin, Potassium Iodide, Pyridoxine Hydrochloride, Vegetable Oil (Palm), Vitamin A Acetate, Zinc Sulfate.

Contains: Wheat.

KEEP OUT OF REACH OF CHILDREN

CHILD RESISTANT CAP



## ONE A DAY Women's Prenatal Gummies with DHA

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

For Adult Use Only

Not for children

Do not exceed recommended intake

Contact Information -

Questions or comments? Please call 1-800-800-4793 (Mon-Fri 9AM – 5PM EST)