



# Alka-Seltzer Hangover Relief

## Drug Facts

<b>Active ingredients (in each tablet)</b>	<b>Purpose</b>
Aspirin 500 mg (NSAID)*.....	Pain reliever
Caffeine 65 mg.....	Alertness aid/pain reliever aid

\*nonsteroidal anti-inflammatory drug

### Uses

- for the temporary relief of minor aches and pains associated with a hangover
- helps restore mental alertness or wakefulness when experiencing fatigue or drowsiness associated with a hangover
- for temporary relief of headaches, body aches, and pain alone

### Warnings

**Reye's syndrome:** Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

**Allergy alert:** Aspirin may cause a severe allergic reaction which may include:

- hives • facial swelling • asthma (wheezing) • shock

**Stomach bleeding warning:** This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you:

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

**Caffeine warning:** The recommended dose of this product contains about as much caffeine as a cup of coffee. Limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heart beat.

- For occasional use only. Do not use for more than 2 days for a hangover unless directed by a doctor. Not intended for use as a substitute for sleep. If fatigue or drowsiness persists or continues to recur, consult a doctor.

### Do not use

- if you are allergic to aspirin or any other pain reliever/fever reducer
- if you have ever had an allergic reaction to this product or any of its ingredients

### Ask a doctor before use if

- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have asthma
- you have a sodium-restricted diet



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**Ask a doctor or pharmacist before use if you are** taking a prescription drug for

- diabetes • gout • arthritis

**Stop use and ask a doctor if**

- an allergic reaction occurs. Seek medical help right away.
- you experience any of the following signs of stomach bleeding:
  - feel faint • vomit blood • have bloody or black stools
  - have stomach pain that does not get better
- pain lasts for more than 10 days or gets worse
- redness or swelling is present
- ringing in the ears or a loss of hearing occurs
- new symptoms occur

**If pregnant or breast-feeding**, ask a health professional before use. **It is especially important not to use aspirin at 20 weeks or later in pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.**

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

- fully dissolve 2 tablets in 4 ounces of water before taking

Adults 18 years and over	2 tablets every 6 hours as needed, or as directed by a doctor	do not exceed 8 tablets in 24 hours
Adults 60 years and over	2 tablets every 6 hours as needed, or as directed by a doctor	do not exceed 5 tablets in 24 hours
Children under 18 years	consult a doctor	

**Other information**

- **each tablet contains:** potassium 115 mg
- **each tablet contains:** sodium 371 mg
- **Phenylketonurics:** Contains Phenylalanine 5.4 mg per tablet
- store at room temperature. Avoid excessive heat.

**Inactive ingredients** anhydrous citric acid, aspartame, dimethicone, docusate sodium, FD&C red No. 40, FD&C yellow No. 6, flavor, mannitol, potassium bicarbonate, povidone, sodium benzoate, sodium bicarbonate, sucralose

**Questions or comments? 1-800-986-0369 (Mon – Fri 9AM – 5PM EST)**