

Alka-Seltzer® PM Heartburn Relief + Sleep Support Gummies

Directions: Adults: **Fully chew** and swallow 2 gummies 30-60 minutes before bedtime, if needed, for occasional heartburn with occasional sleeplessness. **This product contains Melatonin which may produce drowsiness or sleepiness.**

Supplement Facts		
Serving Size: 2 gummies		
Servings Per Container: <i>(Net Qty Contents/Serving Size [# gummies])</i>		
	Amount Per Serving	% Daily Value
Calories	30	
Total Carbohydrate	7 g	2%*
Sugars	6 g	**
Calcium	500 mg	50%
Phosphorus	210 mg	21%
Sodium	25 mg	1%
Melatonin	3 mg	**
*Percent Daily Values are based on a 2,000 calorie diet.		
**Daily Value not established.		

INGREDIENTS: Sugar, Corn Syrup, Water, Tricalcium Phosphate, Pectin; Less than 2% of: Citric Acid, Colors (Vegetable Juices), Malic Acid, Melatonin, Natural Flavor, Sodium Citrate.

WARNINGS: Do not use this product unless advised by your physician if you are pregnant, attempting to become pregnant or breast-feeding.

If you are taking any medications, or have any medical condition (such as gastroesophageal reflux disease, diabetes, high blood pressure, autoimmune condition, liver or kidney disease, depression, bleeding or seizure disorder) ask a healthcare professional before use.

Do not drive, operate machinery or consume alcohol when taking this product.

For adults 18 years of age and older.

Not for children

For short-term use only. If symptoms persist for more than 2 weeks, or you are experiencing long-term sleep difficulties, stop use and consult a healthcare professional.



Bayer HealthCare
Consumer Care

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KEEP OUT OF REACH OF CHILDREN

Do not exceed recommended intake

CHILD RESISTANT CAP

Contact Information

Questions or Comments?

Please call 1-800-986-0369 (Mon-Fri 9AM-5PM EST)