



MiraFIBER Gummies Dietary Supplement

Directions: Adults: **Fully chew** four gummies once daily. If gas, bloating, stomach upset, or any other gastrointestinal effects occur, reduce daily serving.

Supplement Facts		
Serving Size: 4 gummies		
Servings Per Container: (Net Qty Contents/ Serving Size [# gummies])		
	Amount Per Serving	% Daily Value
Calories	30	
Total Carbohydrate	11 g	4%*
Dietary Fiber	8 g	29%*
Soluble Fiber	8 g	**
Total Sugars	1 g	**
Includes 1g Added Sugars		2%*
Vitamin E (as dl-Alpha-Tocopheryl Acetate)	13.6 mg	91%
Niacin (as Niacinamide)	40 mg	250%
Vitamin B ₆ (as Pyridoxine Hydrochloride)	4 mg	235%
Vitamin B ₁₂ (as Cyanocobalamin)	10 mcg	417%
Pantothenic Acid (as D-Calcium Pantothenate)	5 mg	100%
Chromium (as Chromium Picolinate)	120 mcg	343%
Sodium	5 mg	<1%
Inulin (as Inulin Syrup and Inulin Powder)	8 g	**
*Percent Daily Values are based on a 2,000 calorie diet.		
**Daily Value not established.		

Other Ingredients: Water, Gelatin, Lactic Acid; Less than 2% of: Carnauba Wax, Color (Apple, Black Currant, Carrot, Cherry, Chokeberry, Elderberry, and Pumpkin Juice Concentrates), Monk Fruit (Luo Han Guo) Extract, Natural Flavors, Vegetable Oil (Palm), White Beeswax.

For Adult Use Only

Not for children

KEEP OUT OF REACH OF CHILDREN

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

Do not exceed recommended intake

CHILD RESISTANT CAP

Contact Information –

Questions or comments?

Please call 1-800-647-2529 (Mon – Fri 9AM – 5PM EST)