Do not use this product if you are pregnant, breast-feeding, or are allergic to any ingredients in this product.

If you experience an allergic reaction or other unexpected symptoms, discontinue use and contact a health professional.

If you have any medical conditions or are taking any medications, ask a health professional before use.

This product contains about as much caffeine as a cup of coffee (75 mg).

For adults 18 years of age and older
Not for children
KEEP OUT OF REACH OF CHILDREN
Do not exceed recommended intake
Do not use if seal is cut or broken.
Store at room temperature.
Avoid excessive heat.
Close cap tightly after use.

Approximate Fill Line ◀

ONE A DAY®

ACTIVE FOCUS

Supports attention, concentration, and focus*

30 CAPSULES

DIETARY SUPPLEMENT

Directions: Adults: Take 1 capsule daily.

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving
L-Theanine	200 mg**
Ginseng Powder (*Panax ginseng*) (root)	200 mg**
Caffeine	75 mg**

**Daily Value not established.

Other Ingredients: Vegetable Capsule (Hydroxypropyl Methylcellulose), Rice Hulls (*Oryza sativa*), Rice Extract (*Oryza sativa*), Gum Arabic, Sunflower Oil.

Questions? 1-800-800-4793
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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.