



# One A Day Age Factor Cell Defense Softgels

**Directions:** Adults: Take one softgel daily with food.

## Supplement Facts

Serving Size: One softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	0.5 g	1%*
Cholesterol	5 mg	2%
Vitamin C (as ascorbic acid)	85 mg	94%
Vitamin D (as cholecalciferol)	20 mcg (800 IU)	100%
Niacin (as niacinamide)	50 mg	313%
Omega-3 Fatty Acids (from fish oil)	250 mg	**
DHA (docosahexaenoic acid)	209 mg	**
EPA (eicosapentaenoic acid)	41 mg	**
Proprietary Antioxidant Blend:	83.2 mg	**
Olive Extract ( <i>Olea europaea</i> L.) (fruit) (hydroxytyrosol 10 mg), <i>trans</i> - Resveratrol, Astaxanthin		
*Percent Daily Values are based on a 2,000 calorie diet.		
**Daily Value not established.		

**Other Ingredients:** Gelatin, Glycerin, Yellow Beeswax, Maltodextrin, Water, Soy Lecithin, Tricalcium Phosphate.

**Contains:** Fish (Anchovy, Sardine, Tuna), Soy.

**Do not use this product if you are pregnant, breast-feeding, or are allergic to any ingredients in this product.**

**If you experience an allergic reaction or other unexpected symptoms, discontinue use and contact your health professional.**

**If you have any medical conditions or are taking any medications, ask a health professional before use.**

**For Adult Use Only**

**Not for children**

**KEEP OUT OF REACH OF CHILDREN**

**Do not exceed recommended intake**