



ONE A DAY VitaCraves Adult Multi Gummies

Directions: Adults and children 12 years of age and older: **Fully chew** two gummies daily.

Supplement Facts

Serving Size: 2 gummies

Servings Per Container: (Net Qty Contents/ Serving Size [# gummies])

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	3 g	1%*
Total Sugars	3 g	**
Includes 3g Added Sugars		6%*
Vitamin A	1200 mcg	133%
Vitamin C	60 mg	67%
Vitamin D	10 mcg (400 IU)	50%
Vitamin E	18 mg	120%
Vitamin B ₆	2 mg	118%
Folate	665 mcg DFE (400 mcg folic acid)	166%
Vitamin B ₁₂	10 mcg	417%
Biotin	150 mcg	500%
Pantothenic Acid	10 mg	200%
Choline	0.06 mg	<1%
Iodine	80 mcg	53%
Zinc	5 mg	45%
Inositol	40 mcg	**
*Percent Daily Values are based on a 2,000 calorie diet.		
**Daily Value not established.		

Ingredients: Glucose Syrup, Sugar, Gelatin, Water, Ascorbic Acid; Less than 2% of: Artificial Flavor, Biotin, Carnauba Wax, Choline Bitartrate, Citric Acid, D-Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, FD&C Blue #1, FD&C Red #40, FD&C Yellow #6, Folic Acid, Inositol, Potassium Iodide, Pyridoxine Hydrochloride, Triacetin, Vegetable Oil (Palm), Vitamin A Acetate, Vitamin B₁₂ (Cyanocobalamin), Vitamin D₃ (Cholecalciferol), White Beeswax, Zinc Sulfate.

Contains: Wheat.

Not for children under 12 years of age

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

KEEP OUT OF REACH OF CHILDREN

CHILD RESISTANT CAP

Do not exceed recommended intake