



Flintstones Picky Kids + Iron Multivitamin Gummies

Natural Grape Flavor with Other Natural Flavors

Directions: Under adult supervision product should be fully chewed before swallowing. Adults and children 4 years of age and older: **Fully chew** two gummies daily, with food. If not chewed properly, this product is a potential choking hazard for children.

Supplement Facts

Serving Size: 2 gummies

Servings Per Container: (number of gummies/2)

	Amount Per Serving	% Daily Value for Adults & Children 4 Years of Age and Older
Calories	20	
Total Carbohydrate	5 g	2%*
Total Sugars	4 g	†
Includes 4g Added Sugars		8%*
Vitamin C (as ascorbic acid)	18 mg	20%
Vitamin D (as cholecalciferol)	15 mcg (600 IU)	75%
Vitamin E (as dl-alpha-tocopheryl acetate)	15 mg	100%
Niacin (as niacinamide)	8 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	1.7 mg	100%
Folate	30 mcg DFE (18 mcg folic acid)	8%
Vitamin B12 (as cyanocobalamin)	2.4 mcg	100%
Biotin (as D-biotin)	30 mcg	100%
Iron (as ferrous fumarate)	12 mg	67%
Iodine (as potassium iodide)	90 mcg	60%
Zinc (as zinc gluconate)	2.5 mg	23%
Sodium	10 mg	<1%
Potassium	10 mg	<1%

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Glucose Syrup, Sugar, Water, Food Starch-Modified (Potato); Less than 2% of: Carnauba Wax, Citric Acid, Color (Blueberry and Carrot Juice Concentrate), Natural Flavor, Sodium Citrate, Vegetable Oil (Palm), White Beeswax.

Contains: Wheat.



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WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN

Not for children under 4 years of age

If you are pregnant, breastfeeding, taking medication, or have any medical condition, ask a health professional before use.

Do not exceed recommended intake

CHILD RESISTANT CAP

Gummy color may change over time. This does not alter the potency or flavor of the product.

Contact Information –

Questions or comments?

Please call 1-800-800-4793 (Mon – Fri 9AM – 5PM EST)